

BUCKEYE TRAIL 50K

Saturday, July 29th, 2006 7:00am
Run Start - Brecksville, Ohio

Course Description:

Start and Finish at Oak Grove Picnic Area of Cleveland Metro Parks in Brecksville, Ohio.

An out and back course on the Buckeye Trail. Trail offers a variety terrain: roots, flat, hills, creek crossings, stairs and minimal paved surface.

Aid: Aid stations every 5 to 6 miles along the course. PBJ, pretzels & water. It is recommended all runners carry a water bottle.

Entry Fee:

\$25 before July 29th, 2006. \$35 day of race. Make checks payable to: Vertical Runner

What You Get:

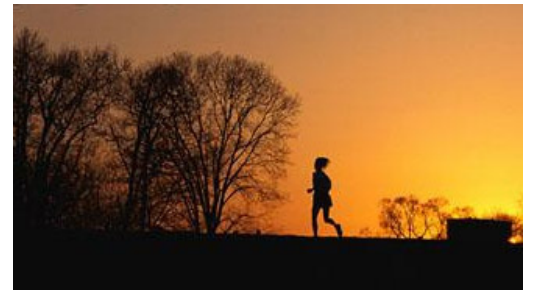
Entrants receive a short sleeve technical tee. First Male and first Female will receive a free pair of Merrell running shoes.

Packet Pick Up: Friday, July 28th 10am-8pm at Vertical Runner, 134 North Main St, Hudson, (330) 656-1176 Saturday, July 29th 6-6:45am at Race Start

Awards: Male and Female awards given to age groups 20-29, 30-39, 40-49, 50-59, and 60 and over.



There is a limit of 150 runners for this race. Register early!



Name: _____

Age _____ DOB _____ Sex M F
Participant must be at least 18 years old. No one under 18 is permitted to enter.

Address _____

City _____ State _____ Zip _____

Phone Day Evening _____ E-Mail _____

Shirt (men's sizes only) Small Medium Large X-Large

WAIVER

I, the undersigned, certify that I physically fit and capable of participation in this event. I understand that trail running is a potentially dangerous activity, and I assume full responsibility for any injury or accident, which may occur during my participation in Buckeye Trail 50K.

Signature _____

Date _____

Mail Checks to:
Vertical Runner
134 North Main Street
Hudson, OH 44236